



Mediterranean Vegetable Topper

Prep: 5 min. **Total:** 5 min.

- 12 TRISCUIT Fire Roasted Tomato & Olive Oil Crackers
- 1 oz. reduced-fat Swiss cheese, cut into 12 thin slices
- 12 thin slices grilled zucchini
- 12 thin roasted red pepper strips

COVER each cracker with a cheese slice, zucchini slice and pepper strip.
Makes 4 servings, three topped crackers each.

Nutrition Information Per Serving:

90 calories, 3.5g total fat, 1.5g saturated fat, less than 5mg cholesterol,
105mg sodium, 10g carbohydrate, 2g dietary fiber, 0g sugars, 4g protein.

Pairs well with a glass of White Zinfandel.

